

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 5/9/23

In Attendance: Kelsie Bednarz, Kelly Clark, Chris Conway, Joanne Cordova, Wendy Duemmler, Lashenna Gaines, Judy Garcia, Kasha Giddins, Mindy Huelle, Dennis Joyner, Amy McAteer-Jones, Jarrod McCraw, Colon Moore, Wendy Nielsen, Christine Skrutowski, Dylan Stamey, Stephanie Starr, Charlee Williams.

Business:

- 4:00 pm- meeting opened on 5-9-23.
- Minutes from 3-14-23 were approved.
- Welcome new members, Amy McAteer-Jones, School Nurse from Antioch and Kelly Clark, School Nurse Supervisor.
- Christine Skrutowski, Nurse Supervisor, on behalf of Kelsie Bednarz, Dietician for School Nutrition, reported that the UCPS Wellness Policy was revised by the Board of Education (BOE) to reflect the requirements for the Triennial Assessment. They included all items that are required by the state for compliance and it was approved by the BOE on May 2, 2023. <https://go.boarddocs.com/nc/ucps/Board.nsf/Public?open&id=policies#>
- Update on Goal 1: Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder. Stephanie Starr, Director of Community Support and Outreach, and Chris Conway, College Readiness and Humanities Coordinator, received feedback from Luka Kinard, who spoke to seven middle schools about his personal story of vaping addiction and recovery. For the most part, he felt Principals and students were engaged and asked many questions. He had great dialogue with students at East Union Middle, Parkwood Middle, and South Providence. We hope to get Luka to speak to high school students in October 2023. The hope is to continue on the topic of vaping and education.
North Carolina is reviewing new Health/PE curriculum standards that should include updates on tobacco and vaping and we are still waiting on the drafts from the State. Once NC releases those new standards, the Board of Education Curriculum Committee will review and approve updates. UCPS health teachers are meeting in June to review the “Stanford You and Me Together” curriculum.
- Point of Sale (POS) survey was done on stores that sell products within a mile of schools. It will help collect data on marketing and displays in both vape and convenience stores.
- Update on Goal 2: Establish and strengthen mental health support for UCPS student population; increase Mental Health Therapists, Social Workers, and expand teletherapy. Kasha Giddins, Director of Student Support, reported that UCPS is working with schools that need improvement and support. They are looking to hire for high needs schools. Two Social Workers were added to the nine Social Workers UCPS already had, plus the staff support from the Collaborative. Telehealth therapy is expanding. The staff is seeing 139 individual students and have had over 900 visits. Nine students are on a grant opportunity for services. Looking to expand these services even further, but middle schools have less staff than high schools to help support and connect students to services. Collaborating with Carolina Parenting for play therapy to fill gaps for elementary schools. The “Breaking the Silence” mental health club out of Piedmont is hosting an event at Unionville on May 19.

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- Stephanie Starr, Director of Community Support and Outreach, reviewed the 2023 Union County Community Health Assessment. (see link below) The goal is for this to be done every 3 years. Public Health collaborates with Novant and Atrium, as well as other partners to collect the data. Healthy Union Coalition meets monthly to assess the needs of the community.
- <https://www.unioncountync.gov/government/departments-a-e/community-support-outreach/community-engagement-and-health-education/community-health-reports>
- The 2023-2024 first meeting will be in person. The dates will be sent out once the rooms are reserved.
- Meeting adjourned.